



Elder Clown Dr. Peter Spitzer and Laughter Boss Sue Harris

WORKSHOPS

Dr Peter Spitzer and Dr Lee-Fay Low

SMILE Study: The use of humour therapy with people living with dementia in residential aged care



Dr Lee-Fay Low



Professor Daniel O'Connor

Professor Daniel O'Connor

Behavioural and psychological symptoms of dementia: do psychosocial treatments work?

Professor Brian Draper

The challenges of alcohol and substance misuse in cognitive disorders



Professor Brian Draper

QUEENSLAND PRESENTERS

Ageing, Stereotypes and Dementia
Professor Edward Helmes

The Use of Telehealth for People with Dementia: Who said it couldn't be done?
Dr Paul Goldstraw

The Pelican and the Seagull: A model of care developed by ACAT for Cape and Northern Peninsula Area/Torres
Ms Judith Groube and Ms Jean Little, OAM



DEMENTIA TRAINING
STUDY CENTRES
QUEENSLAND

Dementia care: new developments in practice

A day of workshops and presentations for health professionals

Friday 15 February 2013

Novotel Cairns Oasis Resort
122 Lake St, Cairns

9am - 5.15pm

ENHANCE your knowledge and skills in dementia care
CONNECT with other dementia care professionals
SHARE your ideas on the direction research should take

Registration closes Monday 11 February 2013

Places are limited to 150

To avoid disappointment register your interest now at <http://dtsc.com.au/kt-cairns-2013/>

Inquiries

Contact Ruth Lilian
Email: r.lilian@unsw.edu.au
Phone: 0413 016 300

Day registration
\$99 (inc GST)

Half-day registration
\$49 (inc GST)



DEMENTIA TRAINING
STUDY CENTRES
NEW SOUTH WALES &
AUSTRALIAN CAPITAL TERRITORY



DCRC
Dementia Collaborative
Research Centres

Dementia Training Study Centres are supported by the Australian Government

Bringing researchers and practitioners together

PROGRAM

8.15am - 9am	Registration and Refreshments
9am - 9.15am	Welcome from Professor Helen Edwards, Director, Queensland Dementia Training Study Centre
9.15am - 10.15am	Dementia Collaborative Research Centre (DCRC) Research Overview
10.15am -10.45am	Morning Tea

10.45am - 12.45pm	DCRC Workshop 1 Professor Daniel O'Connor	Professor of Old Age Psychiatry, Monash University, Melbourne. Head of Aged Mental Health Research Unit, Kingston Centre, Melbourne. Head of DCRC Assessment and Better Care Node.	Behavioural and psychological symptoms of dementia: do psychosocial treatments work? The behavioural and psychological symptoms of dementia (BPSD) - anxiety, depression, psychosis, agitation, restiveness, aggression, pacing and calling out - are stressful to carers and greatly increase the likelihood that people with dementia will be admitted to residential care. There are many nursing, psychological and behavioural strategies (psychosocial treatments) but research into their efficacy and effectiveness is limited and often of poor quality. This workshop reviews the existing literature and addresses ways of implementing treatment in residential care settings.
	DCRC Workshop 2 Professor Brian Draper	Professor University of NSW School of Psychiatry. Deputy Centre Director, DCRC Assessment and Better Care.	The challenges of alcohol and substance misuse in cognitive disorders. The workshop will examine alcohol and substance misuse (including prescription drugs) as a cause of cognitive disorders; alcohol and substance misuse that complicates Alzheimer's disease and other dementias; management challenges of alcohol and substance misuse in older people; issues of prevention, stigma and models of service delivery.
	DCRC Workshop 3 Dr Peter Spitzer Dr Lee-Fay Low (Dr Low's presentation by DVD)	Chairman and Medical Director, Humour Foundation, Sydney. DCRC Research Fellow	SMILE Study: the use of humour therapy with people living with dementia The SMILE Study evaluated the introduction of humour therapy into residential aged care through the use of professional performers (Elder Clowns) and specially-trained residential aged care facility staff (Laughter Bosses). The results of this research will be described and Dr Spitzer will demonstrate how it can be applied.
12.45pm - 1.45pm	Lunch (full day registrants only)		
1.45pm - 2.45pm	Concurrent sessions: Presentations from QLD researchers		
	Presentation 1 Professor Edward Helmes	Department of Psychology James Cook University.	Ageing, Stereotypes & Dementia: The risks of dementia and what differentiates normal ageing from the less normal. How stereotypes and expectations about ourselves influence our thinking about ageing.
	Presentation 2 Dr Paul Goldstraw	Clinical Director of Gerontology Services, Townsville Hospital and Health Service. Assoc Professor Geriatric Medicine, James Cook University, Townsville.	The Use of Telehealth for People with Dementia: Who said it couldn't be done? The use of Telehealth to provide health care at a distance, looking at service data from the Telegero Townsville service and information from the existing literature.
	Presentation 3 Ms Judith Groube Ms Jean Little, OAM	Team Leader - ACAT, Queensland Health Cairns Retired Registered Nurse	The Pelican and the Seagull: A model of care developed by ACAT for Cape and Northern Peninsula Area/Torres
2.45pm - 3.15pm	Afternoon Tea		
3.15pm - 5.15pm	DCRC Workshop 1 Professor Daniel O'Connor	Professor of Old Age Psychiatry, Monash University, Melbourne. Head of Aged Mental Health Research Unit, Kingston Centre, Melbourne. Head of DCRC Assessment and Better Care Node.	Behavioural and psychological symptoms of dementia: do psychosocial treatments work? The behavioural and psychological symptoms of dementia (BPSD) - anxiety, depression, psychosis, agitation, restiveness, aggression, pacing and calling out - are stressful to carers and greatly increase the likelihood that people with dementia will be admitted to residential care. There are many nursing, psychological and behavioural strategies (psychosocial treatments) but research into their efficacy and effectiveness is limited and often of poor quality. This workshop reviews the existing literature and addresses ways of implementing treatment in residential care settings.
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