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DCRC WORKSHOPS

Targeting brain, body and heart: Latest evidence for health and lifestyle approaches to slowing decline in dementia

Dr Maree Farrow (BAppSc, PhD)



Dr Maree Farrow

Dementia in older Aboriginal Australians from urban, regional and rural communities in NSW

Dr Kylie Radford (PhD MAPS)



Dr Kylie Radford

Wayfinding issues in dementia – assessment and management

Professor Elizabeth Beattie (PhD)



Prof Elizabeth Beattie

WESTERN AUSTRALIA PRESENTERS

Conceptualising the space of caring and dying
Dr Sarah McGann (PhD, BArch Sci, DipArch)

Creating culturally connected communities at work
Dr Pam Nichols (PhD, RA)

Nungoo ngich Dunga ngic (See Me Hear Me): art for Aboriginal cultural awareness education
Heather Freegard (MSocSc, BAppSc),
Ron Gidgup, Jenni Grieve (RN), Arun Raj



Dementia care: new developments in practice

A day of workshops and presentations for health professionals

PERTH

Thursday 18 April 2013

**Mercure Perth Hotel
10 Irwin Street
Perth**

9am – 5.15pm

Presented by the Western Australia and NSW/ACT Dementia Training Study Centres and the Dementia Collaborative Research Centres (DCRC)

ENHANCE your knowledge and skills in dementia care
CONNECT with other dementia care professionals
SHARE your ideas on the direction research should take

Registration closes Friday 12 April 2013

Places are limited to 150

Register now at <http://dtsc.com.au/kt-workshops-perth/>

Inquiries

Contact Ruth Lilian
Email: r.lilian@unsw.edu.au
Phone: 0413 016 300

Day registration
\$149 (inc GST)

Half-day registration
\$75 (inc GST)



Dementia Training Study Centres are supported by the Australian Government

Bringing researchers and practitioners together

PROGRAM

8.15am - 9am	Registration and Refreshments	
9am - 9.15am	Welcome from Professor Barbara Horner, Director, WA Dementia Training Study Centre	
9.15am - 10.15am	Dementia Collaborative Research Centre (DCRC) Research Overview	
10.15am - 10.45am	Morning Tea	
10.45am - 12.45pm	DCRC Workshop 1 Dr Maree Farrow (BAppSc, PhD)	Research Fellow with Alzheimer's Australia and the DCRC - Early Diagnosis and Prevention and Visiting Fellow at the Centre for Research on Ageing, Health and Wellbeing, Australian National University, Canberra.
		Targeting brain, body and heart: Latest evidence for health and lifestyle approaches to slowing decline in dementia There is evidence that mental, social and physical activity, healthy diet and lifestyle and control of cardiovascular risk factors may reduce dementia risk. But what about people who already have mild cognitive impairment or dementia? This workshop presents research showing it's not too late to take advantage of these health strategies to protect brain health and slow cognitive decline.
	DCRC Workshop 2 Dr Kylie Radford (PhD MAPS)	RW & JG Postdoctoral Fellow in Aboriginal health and ageing, Neuroscience Research Australia (NeuRA), Sydney; researcher with the Koori Growing Old Well Study.
		Dementia in older Aboriginal Australians from urban, regional and rural communities in NSW The Koori Growing Old Well Study is the first epidemiological study of ageing and dementia in urban/regional Aboriginal communities. Workshop discussions will include: study outcomes, future directions, screening tools for dementia assessment and potential risk factors for dementia in urban Aboriginal populations.
	DCRC Workshop 3 Professor Elizabeth Beattie (PhD)	Director, DCRC – Carers and Consumers and Professor of Aged and Dementia Care, Queensland University of Technology, Brisbane.
		Wayfinding issues in dementia – assessment and management Wayfinding loss associated with dementia results in excessive, potentially hazardous walking, wandering and getting lost. Wandering is complex for staff and families to manage and is a source of role stress and burden. This workshop focuses on the clinical presentation of these behaviours and a strategy to help generate responsive, flexible care solutions for use in the workplace.
12.45pm - 1.45pm	Lunch (full day registrants only)	
1.45pm - 2.45pm	Concurrent sessions: Presentations from Western Australia researchers	
	Presentation 1 Dr Sarah McGann (PhD, BArch Sci, DipArch)	Registered architect; senior lecturer Department of Architecture and Interior Architecture, Curtin University, Perth.
		Conceptualising the space of caring and dying The hospice is really the only place where dying is considered an important function inherent to the design. Its spatial attributes are applicable to the design of other settings where death is supported as a normal part of living. This presentation highlights how spatial practices can assist in the holistic care of the dying.
	Presentation 2 Dr Pam Nichols (PhD, RA)	Research Associate, Centre for Ageing Curtin Health Innovation Research Institute, Curtin University, Perth; project officer Alzheimer's Australia WA.
		Creating culturally connected communities at work An increased demand for aged care services in Australia is being met by migrant staff, many from culturally and linguistically diverse (CaLD) backgrounds. But the impact on the care of people with dementia is not understood. This presentation discusses the results of a study into the experiences of CaLD staff caring for people with dementia, how to support their needs and develop a cohesive multicultural workforce in residential dementia care.
	Presentation 3 Heather Freegard (MSocSc, BAppSc) Ron Gidgup Jenni Grieve (RN) Arun Raj	Project Co-ordinator WA Dementia Training Study Centre (DTSC) Artist; Aboriginal health and lifestyle co-ordinator and community consultant. General Manager, Health and Care Services, Hall & Prior, Perth. Film maker, director at Tuco Films, Perth.
		Nungoo ngich Dunga ngich See Me Hear Me: art for Aboriginal cultural awareness education Anecdotal evidence suggests that when Aboriginal people with dementia access residential aged care, many of the carers and professional staff lack the knowledge and skills required to provide culturally appropriate care. This presentation sees the launch of the Nungoo Ngich Dunga Ngich DVD which documents a three-year collaboration between Aboriginal artist Ron Gidgup, a Hall & Prior residential aged care facility, filmmaker Arun Raj and the WA DTSC – using art to create cultural awareness and improve staff capability.
2.45pm - 3.15pm	Afternoon Tea	
3.15pm - 5.15pm	DCRC Workshop 1 Dr Maree Farrow (BAppSc, PhD)	Research Fellow with Alzheimer's Australia and the DCRC – Early Diagnosis and Prevention and Visiting Fellow at the Centre for Research on Ageing, Health and Wellbeing, Australian National University, Canberra.
		Targeting brain, body and heart: Latest evidence for health and lifestyle approaches to slowing decline in dementia See details in the morning workshop program above.
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